

Issue 20 | Summer 2021

Pet Life

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DOING?**

**HOW TO KEEP
YOUR GUINEA PIGS BUSY**

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EDITOR'S LETTER

Here we are at the end of another messy year thanks to COVID-19, but isn't it great that summer has arrived with some warm weather on the horizon. Warmer weather means it is time to make sure your pets have shade and water during the day and that you don't exercise your pets during the hottest part of the day. Most importantly, please leave your pet at home if you are needing to pop into a shop. It doesn't take long for your car to heat up and put your pet's life in danger.

If you are heading to Waiheke with your dog then be sure to read all about the great walks on offer. These walks sound idyllic and I am somewhat envious that I don't have them on my back doorstep.

You may have heard about K9 Medical Detection, a charity that is using dogs to sniff out cancer. We spoke to founder and chief executive Pauline Blomfield to find out how they train their dogs and what this research could mean in the diagnosis of disease in the future.

Also a quick reminder that you can read all past issues online at petlife.co.nz. This was comforting to me when we lost our dog Abi a month or so ago now. I went straight to our 2021 winter issue which focused on how to grieve the loss of a pet. It was helpful to reread these articles when I was feeling pretty low. To all those who have lost a pet recently I am sending you my heartfelt condolences.

I hope you have a wonderful summer and get to enjoy some time with your families and friends. Until our autumn issue, stay safe and have a fantastic New Year.

amy

WIN Kunes On A Cloudy Day



We have one Kunes On A Cloudy Day print and giftcards to give away. Enter at petlife.co.nz/win. Entries close Monday 28 February 2022.

This is an open edition print featuring original artwork from artist/printmaker Keeley Eastwood.

The original artwork is a handmade, hand-coloured drypoint print created using the mediums of ink and coloured pencil.

Kunes On A Cloudy Day has been professionally printed on lovely textured acid-free paper which carries the internationally recognised Green Seal eco-label at a local printing house based in Keeley's hometown of Whanganui.

Each print is individually hand-signed and dated before shipping.

Product dimensions:
Image size: 245mm x 195mm
Paper size: 300mm x 300mm



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WHAT IS ALGAE?

As an aquarium owner, you will be aware of the seemingly never-ending battle against algae growth. Unfortunately, algae can be an inevitable problem in your fish tank. The good thing is, you can take steps to get rid of algae and stay on top of it.

So what is algae? To put it simply, algae is a plant that appears in a variety of colours and forms as it grows within your fish tank. It attaches itself to the surfaces of items and the glass of your tank. In the right amounts, algae can provide a good food source for your fish; however, it can cause water pollution and become unpleasant if there is too much of it.

Clean your aquarium

Algae has a habit of building up on your aquarium's acrylic or glass sides, making for an unsightly tank. An easy way to remove algae from your glass is an aquarium scraper and some elbow grease. The scraper will remove large algae deposits, as well as daily film algae, leaving you with a clear view of your fish. But make sure to get into every nook and cranny!

Algae will also collect in your substrate, so it's essential to clean it regularly. This can be done quickly using a siphon.

Water changes

Never underestimate the power of a good water change! Clean water is a

staple of good aquarium care, so if your tank becomes polluted, it will help to perform a water change. Regular water changes can help dilute and carry away unwanted algae nutrients that build up in your aquarium. We suggest carrying this out weekly as part of your maintenance routine, as going too long between changes may increase your chances of an algae outbreak.

Algae eaters

Some fish thrive off algae in tanks, making it a great source of food for them. If you have the tank capacity, you may think about introducing a few new helpful tank mates.

Many varieties of fish and invertebrates can be added to your tank that may help control algae growth. The most common type of fish would be a pleco. However, some can grow very large, which may not be a suitable option for most fish keepers. We would suggest a bristlenose pleco; they're hardy, easy to keep and don't grow too large (12.5 centimetres). Most importantly, they are great lovers of algae.

Catfish such as the dwarf sucking catfish are a good option. *Otocinclus* are another great choice as they are largely compatible with all species and only grow to about 4.5 centimetres, making them ideal for smaller fish tanks.

Algae treatments

Sometimes natural methods of algae removal just won't cut it. That's where algae treatments come in. An algae treatment is a solution placed into your fish tank that will eliminate algae. This method may not be as gentle as cleaning and adding new fish, but it is fast-acting and effective.

Lighting

You can reduce excess algae by controlling the amount of light your aquarium gets by making sure your tank is not in direct sunlight and putting lights on a timer, as an extended light cycle can promote algae growth.

Do not overfeed fish

Make sure you're not overfeeding your fish! If you find yourself in a constant cycle of returning algae, it may be time to consider cutting

down on the amount you feed your fish. Food that goes uneaten will settle into the substrate and start to break down. Organic material left in the tank provides essential nutrients perfect for algae to thrive on. Try only feeding your fish with enough food to last a few minutes. Any more will lead to excessive waste and the risk of more algae.

Filters

A filter within your tank will keep your water clean and ensure that toxic levels remain low, making the probability of algae growth lower. Just make sure you clean and change the filter media regularly.

Are algae eaters right for my aquarium?

At times, it can feel like algae are consuming your underwater world. Looking at it can even become frustrating. Algae can emit strong smells and create murky green or brown water. Too much algae will even lead to health problems for the aquarium residents. Expect a little algae, but any more than a little can turn into a big problem. Sometimes, the solution to keeping algae at bay is the little critters who enjoy it for breakfast, lunch and dinner.

Algae is a plant that grows with significant amounts of uneaten food and waste. Different types of algae can bloom. Some appear free-floating, others can seem scummy. They can also create filmy layers of the sides of your tank and on features in the environment. They can also appear grass or seaweed-like or be a dirt-brown colour.

Consider alternative ways to control algae growth if your tank already has many occupants, as it is one more fish or critter to add to the mix; or if you house larger and aggressive residents which are likely to come after and harass those you buy to take care of the algae.

UV sterilisers

One of the best ways to tackle algae is by using a UV steriliser as part of your filtration system. The UV steriliser will destroy the bacteria as well as help to reduce the spread of free-floating algae. It is not harmful in any way to your fish or other inhabitants of your aquarium, making it an excellent choice for removing algae from your aquarium.

However, it's important to note that a UV steriliser will not eradicate the problem completely on its own. A UV steriliser is not a replacement for a good biological and mechanical filter, which is still necessary to physically remove algae from the water.

Algae eaters are specific organisms who thrive on algae. But different critters will eat different types of algae. To know what kind of eaters to add, you must know what type of algae plagues are in your aquaria. Knowing this will also lead to the most desirable results. Do not add algae eaters to a newly established tank as there will be no algae for them to consume, thus leading to an unhealthy diet and possibly health problems. The eaters will also have to be compatible with your tank conditions. The common algae eaters include snails, mollie and even some specific types of catfish and plecos.

Whiptail catfish/twig catfish are some of the best algae-eaters. Once a very uncommon sight in aquariums, they do need more specialised care, but they're always keen to gobble up any variety of food and are fast to clear away any green type of algae from your tank. Make sure they don't need to compete for food against their tankmates. They need to be a part of a tank with higher oxygen levels and a gentle current with pristine water quality.



Whiptail catfish/twig catfish



Siamese algae eater



Bristlenose plecostomus

Mystery snails are a smaller species of apple snail and are very popular. They are happy to eat a variety of algae, decaying plant matter and leftover fish food. Best of all, they don't eat plants.

Ramshorn snails thrive in heavily planted aquariums. Unlike other algae eaters, they will leave vegetation alone if there is enough algae and dead plant matter. They will breed in the tank.

Dwarf suckers (ottos) will eat algae off plants and the glass of your aquarium. As they are kept in shoals, algae may run dry much quicker than anticipated so extra food will need to be provided. They are a small and peaceful breed and will suit tankmates of the same stature in small to mid-sized tanks.

The Siamese algae eater is one of the most effective eaters out there. With a peaceful nature, it is not picky about the algae it cleans up, including the algae other eaters tend to leave alone, for example black beard algae. Try them in planted aquariums as they are unlikely to damage your vegetation if there is enough algae for them to eat.

Bristlenose plecostomus has impressive algae-eating ability. They are easy to care for and stay relatively

small so are suited to medium-sized community tanks.

There is no one size fits all for algae eaters and it really depends on your aquarium setup whether they could be an asset to you. You have options upon options, even if algae eaters aren't quite the right fit for you.



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HOW TO KEEP YOUR GUINEA PIGS BUSY

It's summer, the sun is shining and grass everywhere is being kept short by little furry lawnmowers: guinea pigs. Guinea pigs often entertain themselves, but enrichment can be just as fun and challenging for guinea pigs as it is for other pets.

Wild animals constantly experience new and interesting things in their daily lives. It's hard for them to get bored with novel things to investigate, food to search for, predators to avoid and other animals to meet and interact with.

Captive animals can miss out on these challenges, but by considering enrichment in their daily care, we can encourage natural behaviours and keep them mentally stimulated. Every day we have an opportunity to make our animals' lives more interesting.

Why do guinea pigs need enrichment?

Guinea pigs can get bored just like any other animal and this can lead to weight gain, depression and illness. They tend to gain weight without adequate exercise, and some guinea pigs need more inspiration to move about than others. Keeping their home fresh and exciting is a good way to encourage exploration as well as increasing their activity levels.

Carrying extra weight can add unnecessary strain on their hearts, so keeping them fit and healthy should be a goal for any pet owner.

Guinea pigs are also more intelligent than some people give them credit for. They may not be rocket scientists, but they can problem solve and it's a skill that only improves with practice.

Enrichment comes in many forms, from presenting food in different ways to providing chances to explore new places. It's about keeping them active, thinking and excited about life.

Check out some of our ideas to get you started

Foraging fun

There's so much more to life than grass! Treasure hunts with tasty treats to discover encourage exploring their whole environment. Try filling a box or tray with leaves or hay and hide vegetable treats in it, or scatter their food around the

enclosure. Even the smallest treats are more exciting when you're not expecting them!

Cardboard recycling

Some of the cardboard items we throw away or recycle can have an extra lease of life with our guinea pigs. Cardboard toilet roll tubes make rolling hay feeders when stuffed and left on the ground. If that's too easy, try fixing them a little higher up on the side of the run.

Food in motion

Some guinea pigs like climbing, and some never contemplate anything higher than their own nose. Slices of vegetables, like cucumber or capsicum, can be suspended from the top of their run on a piece of string, or skewered on a stick which is either left loose in the enclosure or suspended. The swinging treats encourage stretching, balance and coordination. Just make sure the string isn't long enough for your piggie to become tangled in and create a hazard for your pet.





Summer water fun

Try some water play when it's warm. Some piggies might think you've gone mad, but some enjoy a refreshing splash on a hot day. Floating treats in a shallow dish create an entertaining game and the soggy food helps keep them hydrated. It's important to supervise them and make sure the water is shallow so they can't run into any difficulties.

Chew toys

Guinea pig teeth don't stop growing. They need a constant supply of hay to keep them in check, but guinea pig friendly sticks are a tasty addition to their dental care regime. Apple and willow twigs are some favourites. If you don't have any available, perhaps friends or family would be happy to donate some clippings?

Hide and seek

Guinea pigs love to tuck themselves out of sight. It's something their wild counterparts adapted to do for survival but hiding places can also be fun. There are plenty of creative hiding options to choose from. Wide cardboard tubes or plastic piping,

old plant pots and wicker baskets are alternatives to shop-bought shelters. Cardboard boxes are old favourites and can be customised with cut-out doors and even windows to peek out from. Pegging up old towels across corners of their run, like curtains, provide shade from the sun and are a more snuggly option. Some guinea pigs love wriggling underneath a blanket cut out from an old fleece jumper when they fancy a nap!

Moving the furniture

Wooden logs and rocks provide natural obstacles, shelter and different levels to climb on. Their closest wild relatives, cavies, live in the foothills of the Peruvian Andes where the ground is uneven and rocky. Moving the furniture from time to time keeps the layout interesting, and sometimes a little novelty is all that's needed to get a popcorning pig charging around the run.

Human-time

Creating a strong relationship with your guinea pigs helps build trust but also makes routine healthcare jobs, such as nail clipping, less stressful for your pet.

When planning enrichment, it's important to think about choice, variety and safety. In the wild, animals make choices to stay safe and healthy. Our pets live in a safer environment but providing them with decisions to make keeps them mentally stimulated.

Aim for balance with your pet. Provide them with new and interesting things to do while still including old favourite items that are familiar and reassuring.

The final thing to consider is safety. Always supervise your pet with new experiences in case they get into trouble. Make sure any food treats are guinea-pig friendly, avoid painted or treated wooden objects that might have nasty chemicals on them, and check that your creations don't have any places that guinea pigs can get stuck in.

Enrichment is rewarding for humans as well as our animals. It keeps us thinking about opportunities to make life as fun as possible, and watching pets enjoy something new is immensely satisfying. Good luck!

GET TO KNOW DYNAVYTE

At DynavYTE, we believe in a holistic, natural approach to pet care. It's something we've been doing for companion animals for more than 13 years.

At the heart of our pet range is **MBS**, a naturally brewed and fermented probiotic, a sort of kombucha for your pet. In fact, we call it kompoocha. And like this health trend in humans, MBS is designed to make your pet feel the best they can.

Good health is a preventative for bad health. It's as simple as that. MBS, by supporting good gut health, is improving every aspect of your pet's life, physically (energy, coat and skin) and mentally (happiness, enthusiasm and stress free).

Your pet doesn't have to have anything wrong with them to benefit from MBS. Optimum health is its own reward and vets recommend it. MBS does not compete with any pet food, whether dry, raw, processed or not. However, many foods do not retain their full goodness for whatever reason, and that's where MBS comes in. It supports your pet's microbiome or gut health so they get more goodness out of their meal!

The DynavYTE Pets range begins with MBS, and our other products have been consciously built to complement it and add to your pet's good health. MBS is made for both cats and dogs, and for birds as well with Pretty Bird.

Let's walk you through it!

Dyara Dental Chews are the first probiotic chew designed to provide a 5-point action against dental disease by promoting a healthy mouth.

Research has shown increased chewing time with the star-shaped dental chews promotes saliva production and reduces acidity in the mouth. The actual rubbing of the Dyara dental chews may assist with physically removing plaque and tartar from tooth surfaces. The active ingredient (probiotic) in Dyara dental chews competitively inhibits the bad bacteria that produces doggy breath.

GoldKare is a revolutionary canine supplement to help with the healthy maintenance of bone strength and density, while supporting cartilage and soft tissues. GoldKare is all about the essential K vitamins. Deficiencies in vitamin K1 and K2 in today's dogs leads to a significant reduction in bone density and bone

strength along with poor cartilage health. Use GoldKare as a roast beef meal topper for your pet.

Dancing Dog is for joint health. It's different to GoldKare in that it works on the inside of joints (synovial fluid) while GoldKare works on the outside (bone, tissue and cartilage).

The key ingredient in Dancing Dog is hyaluronic acid (HA) which is a component of a joint's synovial fluid, giving the fluid its desired "slipperiness" for cushioning of movement and joint lubrication. HA is also involved with the innate immune system that responds to foreign invaders.

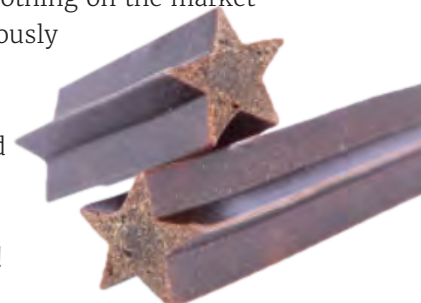
Joint fluid has the highest HA concentration in the body. Ask your supplier about Dancing Dog's extra benefits for seniors and pregnant bitches. You'll be amazed.

Arrunga is for calm health. Not looking forward to that dreaded visit to the vet surgery? Why not take the edge off (although you won't be visiting the veterinary as often if you adopt the DynavYTE holistic philosophy).

Arrunga is an all natural combination of vitamins and botanical extracts which may reduce nervousness and excitability in dogs during stressful events such as fireworks, thunderstorms and travel (to the vet). A must for the festive season with all the comings and goings and changes in houseguests.

Furnatics Soothe is for skin health. It is an all natural topical salve to alleviate minor skin issues in dogs. Furnatics Soothe is a vet approved skin health formula that contains a safe concentration of 1 per cent melaleuca (or tea tree) oil. Soothe also contains beeswax and enzymes. Beeswax is great as it will stick to the skin and is a great moisturiser for dry and cracked skin, especially in the summertime. The enzymes in Furnatics Soothe can assist by making an unfriendly zone for other infections and clean up dead skin cells. Great for noses and paws!

The DynavYTE Pets range is all about natural animal wellbeing that works. There is nothing on the market like it, and it has been meticulously developed by scientists and veterinarians. No backyard concoctions, just manufactured in accredited clean facilities to the highest standards. We expect it, and so does your pet!



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NEW ZEALAND'S LEADING PRE AND PROBIOTIC FOR YOUR PET.

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Microbiome Support is a naturally fermented and brewed 'living' synbiotic liquid developed to promote a healthy gut and provide assistance to balance your pet's microbiome. Buy yours online today.

K9 MEDICAL DETECTION

Did you know that dogs have 300 million olfactory receptors in their noses? No wonder they are so good at sniffing out treats! Pauline Blomfield, founder and chief executive of K9 Medical Detection NZ Charitable Trust, is using these sensitive noses to detect cancer in humans.

K9MD is a charitable trust and does not receive any government funding. K9MD seeks support from the community as they know many people have been touched by cancer. Check out their website at k9md.org.nz to donate. Please think of K9MD for any fundraising events. Together we can make a difference.



Levi detecting bowel cancer

How and why was K9 Medical Detection started?

The use of dogs as a diagnostic tool is not new. New Zealand has one of the highest rates of cancer in the world with the disease often only being diagnosed at a late stage, so we wanted to offer an opportunity for an alternative early non-invasive diagnostic opportunity. I set up K9 Medical Detection NZ Charitable Trust in 2018 for this purpose.

What does K9 Medical Detection NZ do?

K9 Medical Detection NZ aims to create a simple diagnostic urine test for the early detection of cancer.

Do you need a specific type of dog for this work?

Yes. Dogs selected are not breed specific but need to have a high drive, a strong sense of smell, naturally, a good work ethic and remain calm and confident in public environments.

How do you train a dog?

By positive reinforcement.

What are the chances of a dog getting it right?

In a blind randomised trial of 400 samples for the detection of bowel cancer, K9MD dog Levi's success was 98.4 per cent sensitivity (correctly identifying those with a disease) and 100 per cent specificity (correctly identifying those without a disease).

In a blind randomised trial of 200 samples for the detection of prostate cancer, our K9MD dog

Freida had a success rate of 100 per cent sensitivity and 100 per cent specificity.

Is this work in the research phase only or being used to prevent disease?

We have just completed our Proof of Concept stage for both bowel cancer and prostate cancer. We now move to the next stage called Diagnostic Accuracy using patient urine samples. There are substantial requirements needed prior to the commencement of this stage and K9MD is working through those now.

What diseases can dogs detect? And at what stage of disease?

Dogs can be trained to detect anything that has an odour. Currently Levi is detecting the odour of bowel cancer at a concentration level of 0.03 per cent.

Tell us about your team.

In addition to a clinical and scientific team, we include an academic chair, a senior dog trainer, a canine laboratory technician, a canine environment trainer and a fundraiser.

Is there anything else you would like to share with us?

Our dogs receive the best care. They travel to work each day in purpose designed vehicles to ensure their safety. During the day when not working they are housed with plush dog beds, in air conditioned rooms to keep them cool in summer and warm in winter. They receive hydrotherapy sessions each week and regular vet checks to help keep them fit and healthy.

WHAT'S NEW



LICKIMATS – UNIQUE ENRICHMENT FEEDERS

Need to keep your dog entertained while you are on a Zoom, or slow them down during meal times? LickiMats are a range of unique enrichment feeders that provides entertainment, slows down quick eaters, and helps your dog or cat feel less anxious and stressed.

Designed by vets, LickiMat promotes extended licking action which releases a calming hormone in both dogs and cats. LickiMats are an all-round enrichment tool and can be used as a training aid, distraction during grooming, raw food dispenser and for serving meals and treats. LickiMats are durable, non-toxic and made from human-grade rubber. Find LickiMats at your local pet store or online at lickimat.co.nz.

LITTLE LIONS CAT COLLARS – SUMMER FUN COLOURS

Little Lions cat collars are handmade to the highest quality, using 100% cotton. Available in an array of fabrics, from florals to stunning textures, there's one for every little lion's personality!

Summer's new look fabric pattern is a gorgeous tiny floral print from Liberty of London fabric.

Features

- Quick release clip so you know your little lion is safe when exploring the garden. The collar will automatically release if it gets caught.

- Lightweight and soft design so your cat won't even notice it's wearing a collar.
- D ring to attach name tag and/or bell (sold separately).
- Available in sizes
 - kitten – up to 12 months
 - adult – over 12 months.
- Hand washable.

Peruse all their great designs at littlelionsnz.co.nz.



BLUEBELLE'S BUNNY BAKERY – LUXURY TREATS

BlueBelle's Bunny Bakery offers luxury handmade dehydrated treats and forage for rabbits and guinea pigs. All products are made from spray-free and hand picked plant ingredients which are either dried naturally or dehydrated to retain nutrients. You can be sure that BlueBelle's Bakery treats have no added sugar, preservatives or colourants. Banana chips, critical care wafers, floral bales of hay and blueberry waffles are just some of the tempting treats on offer.

To find the perfect treats for your bunny or guinea pig head to bluebellesbunnybakery.co.nz.

What is the vet doing?

Have you ever wondered what the vet is actually looking for when they poke and prod at your pet when you go for the yearly check-up or vaccination appointment?

What the vet is doing is called a physical examination. As much as we wish they could, our pets cannot talk to us so vets have to very carefully look them over to check that things are normal and if not then try and figure out why.

To start, your vet will do the dreaded weigh-in. This is important because too much excess weight can lead to problems like obesity while weight loss can indicate sickness or an underlying problem.

The general attitude of your pet will be checked: are they bright, happy or nervous and shy, and can they walk around normally during the consult?

Then we get into a little bit more detail. Usually a vet will start at the head and work their way to the bottom.

The mouth is examined for dental disease, broken or dead teeth and any lumps or cuts in the mouth. Next are the eyes. We are looking for bright, open eyes with no discharge. If anything looks abnormal this will be followed up with an ophthalmic exam and often stains or drops are added into the eyes to investigate further. Dark rooms are key to eye exams so don't worry if the vet turns the light off!

Ears are looked at to make sure there is no discharge or funny smell – an otoscope is used to look into the ears and check for signs of infection further in the ear canal. A small amount of brown wax can be normal for most dogs and cats.

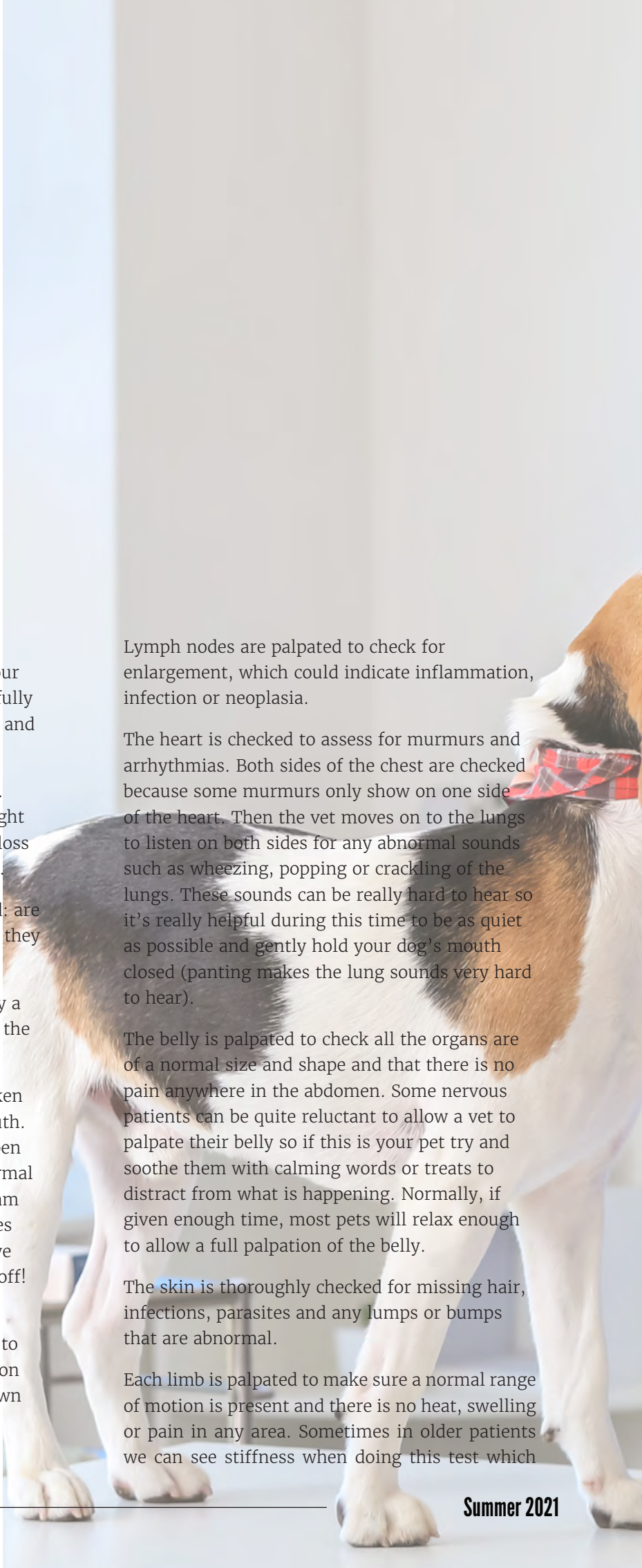
Lymph nodes are palpated to check for enlargement, which could indicate inflammation, infection or neoplasia.

The heart is checked to assess for murmurs and arrhythmias. Both sides of the chest are checked because some murmurs only show on one side of the heart. Then the vet moves on to the lungs to listen on both sides for any abnormal sounds such as wheezing, popping or crackling of the lungs. These sounds can be really hard to hear so it's really helpful during this time to be as quiet as possible and gently hold your dog's mouth closed (panting makes the lung sounds very hard to hear).

The belly is palpated to check all the organs are of a normal size and shape and that there is no pain anywhere in the abdomen. Some nervous patients can be quite reluctant to allow a vet to palpate their belly so if this is your pet try and soothe them with calming words or treats to distract from what is happening. Normally, if given enough time, most pets will relax enough to allow a full palpation of the belly.

The skin is thoroughly checked for missing hair, infections, parasites and any lumps or bumps that are abnormal.

Each limb is palpated to make sure a normal range of motion is present and there is no heat, swelling or pain in any area. Sometimes in older patients we can see stiffness when doing this test which





gives an indication that arthritis may be present in the joints.

Finally, the worst bit! The thermometer! The temperature in cats and dogs is taken rectally (inside the anus) and can be a bit of a shock for most patients. Thankfully, new thermometers can usually take a reading within 1 minute so it's only a short term invasion of privacy. Increased temperature can be a sign of infection or inflammation so is a very important reading to have as part of the examination.

As you can see, your vet is actually checking a large number of things when you take your pet in for a health check, so it is a really valuable assessment of where your pet's health is at. The physical examination gives a good baseline to have a discussion around diet, behaviour, parasite control, vaccinations and other tests such as blood work or X-rays if needed.

Finally, I would encourage you to ask about the result of the vet's physical exam. It's peace of mind if they say it's normal and if not then you can have a discussion about what to do next. The more you know about your pet's wellbeing and current health the better so always ask if you're not sure what a term means or if you would like more information on a particular topic you discussed with your vet during the appointment.

Dr Cori
www.vetonlineconsult.co.nz

GOT A QUESTION?

Do you have a question you would like answered by our team of resident experts? Yes? Then we want to hear from you! Submit your question at petlife.co.nz/submit-QandA and we will get your question answered and print it in our next issue.



General pet questions

Drs Cori and Kim
Resident vets from vetonlineconsult.co.nz will answer all your companion pet questions.



Wet pet questions

David Cooper
Aquatic industry specialist will answer any questions you have on fish and aquariums.

HYPERTHYROIDISM IN CATS

Hyperthyroidism is a very common condition seen in cats of both sexes from around 10–12 years old.

The clinical signs are caused by an excess of thyroid hormone in the body, which is caused by a growth on the thyroid gland, most often benign and called an adenoma.

This extra thyroid hormone causes signs such as weight loss (often marked), increased activity, increased thirst and urination, increased hunger and a dull or greasy coat. Around half of the cats who have hyperthyroidism will also present with vomiting.

These signs are often very slight to start with but become more pronounced as the disease progresses.

Thankfully, it is fairly easy to diagnose. Your veterinarian will do a clinical examination and blood tests to check thyroid levels and often a baseline panel to assess kidney and liver function among other things.

Sometimes, a test will come back as normal, but if your vet is still suspicious your cat has hyperthyroidism

there are further confirmatory tests that can be performed.

If the tests come back positive then we need to treat! There are a few different treatment options available.

Diet treatment

Cats are placed on an iodine reduced diet for the rest of their life. Iodine is needed to make thyroid hormone, so if there is less iodine, then there will be less thyroid hormone production. This only works in some cases and is best suited to indoor-only cats as they need to eat only the diet and no extras for it to be effective. If the thyroid levels do not return to normal on diet alone, medical therapy is indicated.

Medical therapy

This reduces the production of thyroid hormone in the thyroid gland. Two options are available, tablets or a topical gel. The tablet option is given once or sometimes twice daily. The pill is small and easy to hide in food. The other option is a topical transdermal gel which is placed on the ear and is a very effective



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ANIMATES

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treatment, particularly in cats who hate tablets. Either of the medication options can be used long term to control the signs. It is not a permanent fix and medication must be given daily for the rest of the cat's life or the signs will return. We recommend a blood test every six months to check the thyroid levels and kidneys are functioning normally. It can take a little while with medication doses to find the perfect dose for your cat, and your veterinarian will alter the doses based on the most recent blood tests. Sometimes as the disease progresses, doses may need to be increased in previously well controlled cats, so if you notice a change in behaviour or any of the clinical signs returning be sure to go back to your vet for a recheck.

Radioactive iodine therapy

This is a permanent solution to hyperthyroidism. Cats are admitted to a vet hospital for a minimum of one to two weeks. A radioactive iodine injection is placed under the skin that gets absorbed into the bloodstream. When the thyroid takes up the iodine (needed in the production of thyroid hormone) the radiation destroys the thyroid tissues without affecting any other tissues around it. Most (around 95 per cent) cats have normal thyroid levels after this procedure. However, if unsuccessful, the treatment can be repeated. On rare occasions, the treatment can be a bit too successful and we see the opposite condition of hypothyroid (thyroid levels too low) but this can be treated with oral thyroid supplements. Due to the dangers of radioactive material to people, you will be unable to visit your cat during the week(s) spent at the vet clinic for treatment.

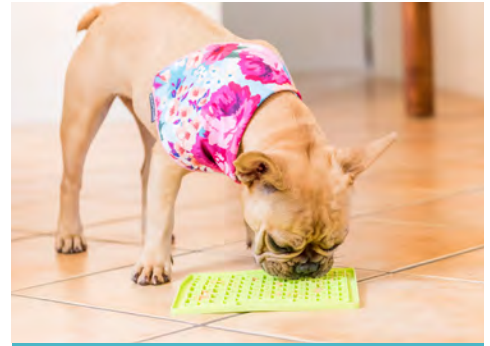
The overall outlook (prognosis) for cats with hyperthyroidism is good if the condition is treated, controlled and your cat is well monitored with blood tests and health checks.

If untreated, hyperthyroidism can, sadly, lead to further problems such as increased blood pressure and heart disease. This is a snowball effect as the high blood pressure can affect kidney and retina function.

As you can see, the consequences of not treating a hyperthyroid cat is severe and their quality of life would be majorly affected with these side effects.

If you think your cat is showing any of the signs of hyperthyroidism make an appointment with your regular veterinarian.

Dr Cori
www.vetonlineconsult.co.nz



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Give your pet the gift of good health and start experiencing the Silberhorn difference today!

PetCalm

Soothing support for stressed out pets

PetCalm features a range of non-narcotic herbs to help calm your pet and has been used successfully by kennel proprietors and endorsed by many dog clubs. PetCalm contains hops, skullcap, valerian, st john's wort and passiflora extracts plus capsicum powder as the transport herb.

This product can be taken when a specific situation occurs, or on an ongoing basis for a pet with behavioral problems or stress issues.

Recommended dosage: 1-2 capsules daily whole or sprinkled over food.

Product should take some effect within approximately one hour, full effect may take a few days when some ingredients have time to accumulate.

Not recommended for pregnant or nursing pets, or animals due to be bred.

Calms stressed pets

PetCalm \$25.00



Hi Silberhorn. My dog is about 33-36kgs we give her two capsules of PetCalm when she starts to get stressed ie: fireworks time. It calms her down and she rests which is very good and less distressing for us all, but especially her, she is just so relaxed and it does work well. The Pet Calm is awesome for my dog I wish I had found it earlier hopefully a peaceful Guy Fawkes. Regards Sue.



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Silberhorn
SUPPORT AND MAINTAIN

Post
operative
care



PetRecovery

Assists in recovery from operations and provides support for healthy joints and mobility

PetRecovery capsules contain a combination of deer velvet, glucosamine and chondroitin. These are nutritional precursors for normal cartilage which aids in the retention of normal mobility, whilst assisting in the health and general well-being of older cats and dogs. Clinical trials have proven that glucosamine has been effective in supporting joint health by providing essential nutrients and minerals for your pet. PetRecovery may help to provide your pet's body with the raw materials it needs for healthy joint and muscle function, working naturally without side-effects.

Recommended dosage: 2-4 capsules daily, whole or sprinkled over food.

PetRecovery
\$29.00

testimonial

Dear Silberhorn. I want to thank you for making such a wonderful product as 'PetRecovery'. It has worked really quickly for my dogs 'Millie and 'Maia' and my cat 'Tinkerbelle'. My dogs lick it up off a butter dish like a lolly, I sprinkle it out of the capsules. Millie especially, is moving more freely and is much brighter and eating more because your product has been so effective on her arthritis. The price is so good too! My vet recommends it to her clients, above the other expensive products which I am unable to afford as are other pet lovers. So... thank you so very much. Yours faithfully, Julie.

Boost your pet's health and well-being with our all-natural pet products

Our natural pet products are produced to the same high standards as our quality line of natural dietary supplements for people!



PetOmega3

Support for overall good health

PetOmega-3 fatty acids EPA (Eicosapentaenoic acid) and DHA (Docosahexaenoic acid) are not only important for people, but also for your pets. These fatty acids will help support healthy growth, development and a healthy immune system. If you notice any of the following signs, then your pet may benefit from this supplement:

- Dry, scaly, flaky skin
- Lacklustre coat or hair
- Spots or blemishes.

PetOmega-3 is great for skin, coat and eye health, as well as healthy joints, heart health, renal function and healthy cell growth. This product can be used in conjunction with our other pet supplements.

Recommended dosage:
1-2 capsules per day whole or drizzled over food.

Healthy
heart &
kidneys



PetOmega
\$25.00

PetVel

For mobility and activity

PetVel
\$29.00

Great
for aging
animals

Silberhorn perfected a deer velvet capsule suitable for both domestic and working animals, rich in trace elements and minerals which may assist in supporting joint health and normal muscle tone and activity. Deer velvet is a totally natural substance containing many essential minerals and nutrients, calcium among them. PetVel is easily assimilated into the body. Trial work carried out through a vet, showed it appeared to increase the activity levels of animals, with some of them exhibiting behaviour of their youth. Deer Velvet may provide nutritional support for healthy cartilage and may be beneficial for aging cats and dogs.

Recommended dosage: 1-4 capsules daily, whole or sprinkled over food.

testimonial

Dear Silberhorn. Our 12 ½ year old Lassie Collie had been slowing down for some time and recently his back legs failed him and I found him lying on the ground crying in pain unable to get up so I carried him inside and the diagnose was he was going to the happy hunting ground. I rang Silberhorn, PetVel was delivered in 24hrs, I started him on it. We were amazed in 3 days he got back on wobbly feet in a week he walked around the block, yes he's slow but he's got a second life. Thanks Glenn.



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Silberhorn produces a range of totally natural dietary supplements for people and pets.

Our other natural dietary supplements include deer velvet products, collagen products, a range of products from the sea, herbal formulas, vitamins & minerals and bee products all in convenient capsule form.

Purchase from your local Silberhorn retailer or to buy online go to www.silberhorn.co.nz, click on shop and simply add the products to your cart, then proceed to the checkout. We ship throughout NZ and overseas.

PetShark

Healthy cartilage & joints

PetShark capsules contain pure New Zealand shark cartilage powder. Did you know that sharks are one of the healthiest creatures on earth! PetShark is an excellent source of calcium, phosphorous and proteins with high concentrations of mucopolysaccharides, chondroitin sulphate and vitamins A and C. All these ingredients help support your pet's joints and may assist with flexibility and suppleness. Many of our customers have reported improved health in their pets once they started supplementing with with PetShark

Recommended dosage:
1-2 capsules daily, whole
or sprinkled over food.

Not recommended for
pregnant or nursing pets,
or within 6 weeks of surgery.

Cartilage
& joints

PetShark
\$25.00



PetMussel

General good health

PetMussel
\$25.00

Rich in
vitamins &
minerals

PetMussel capsules contain New Zealand Green-Lipped Mussel powder, which is rich in many vitamins, (especially the B-complex group, including: thiamine, riboflavin, niacin, pantoic acid, pyridoxine, biotin, folic acid and the cobalamins) a broad range of minerals and also trace elements. These all contribute to the health and vitality of your pet. PetMussel is also very high in proteins, omega-3 and mucopolysaccharides, which can assist in supporting joints, resulting in improved mobility (great for older animals with hip or leg issues). This product can be used in conjunction with our other pet supplements.

Recommended dosage: 1-3 capsules daily, whole or sprinkled over food.



testimonial

Dear Silberhorn, I have a 7 year old American Cocker Spaniel who has a slipping patella. We have been giving her one PetMussel capsule per day sprinkled on her food. Since she has been on the PetMussel she has made a remarkable improvement. Her eyes are brighter, her coat is shinier and she is moving better. Her general demeanor is so much better as well. She is one happy little girl! I have been recommending this product to other pet owners as well. Robert

Emu Oil

Great for the skin - for pets and people

Our customers use our human-grade Emu Oil for their pets to help condition their skin and coat, reduce irritation of flea bites and soften pads on cats and dogs paws. It also can relieve eczema in dogs and help heal wounds faster, resulting in less scarring. Silberhorn Emu Oil can also be effective in soothing swelling and soreness in horse joints and fetlocks.

Emu Oil
50ml
\$24.00



Emu Oil
100ml
\$38.00



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WAIHEKE ISLAND

A GREAT PLACE TO BE A DOG!

The island paradise of Waiheke has a lot to offer if you have four legs and a waggy tail, writes Vicki Angland. Some say the island is even shaped like a dog, albeit one with six legs.

Waiheke is chock full of off-lead tracks and trails, sandy beaches, freshwater streams for the thirsty or water loving – and many of the fabulous wineries are happy for tired dogs to rest under trees and tables, while their humans enjoy the hospitality.

The fun starts as soon as you disembark! Those with four feet travel free on the Fullers360 ferry. There is a selection of off-road options for walking from the ferry at Matiatia to the village of Oneroa. The village itself caters to dogs with water bowls lovingly topped up with Waiheke Island sky juice (rainwater) and expect to be stopped on the main street while your best bud gets pats and belly rubs along the way.

The Waiheke Island bus company will let dogs and humans on the bus. Of course, this is at the driver's discretion, and you'll need to be on your best behaviour! Waiheke has very generous dog rules for the beaches, too.

The main beaches of Oneroa, Palm Beach and Onetangi are dog friendly and off-lead all the time from 2 March until 30 November, then over summer they are off-lead before 10am and after 5pm.

Three of the island's beaches are off-lead year-round, including Owhanake Bay, the western part of Surfdale Beach and Anzac Reserve in Ostend.

If you're venturing over for the day, or for a few days, you can find some favourite dog walking tracks and trails at walkwaiheke.co.nz. The website is an encyclopedia of walking on Waiheke and each walk is graded out of 10. Grade 1-2 is gentle walking, while grade 9-10 is tricky tracks and conditions, steep, muddy and prolonged steep hill sections where rope-assisted hill climbs or descents may be required. The website gives directions, maps and duration times.

The Waiheke Walking Trust, a charitable trust that exists to showcase Waiheke Island as a walking destination, runs the website. The trustees all love walking and are passionate about sharing their favourite walks with others. In return, they ask both two-legged and four-legged visitors to look after the environment and help keep Waiheke kauri dieback disease free.

WALKIES

Whakanewha Regional Park

On the southern coast in the centre of the island is the beautiful Whakanewha. Apart from the beach areas, which are inhabited by seabirds and shorebirds including our rare and very sweet dotterel, which we need to stay well away from, the rest of the park is shady stunning bush tracks, streams with dog-only swimming holes and soft mossy resting spots.

The bush is alive with flora, including supple jack, epiphytes, giant tree ferns and rata vine, and full of birds flitting through the trees above. Tūi, pīwakawaka (fantails), kererū (wood pigeons) and kōtare (kingfisher) may be seen in the bush.

The walk is 4.3 kilometres and takes about an hour, depending on how many sticks are thrown and retrieved.

Matiatia to Oneroa village, via Mokemoke Pā site and Owhanake Bay

This stunning coastal path takes the scenic route from Matiatia around the coast to Cable Bay (not the winery) and Owhanake Bay, and on to Oneroa village. The track passes the historic Mokemoke Pā site along with multimillion-dollar homes dotted around the coast, and dips in and out of tranquil unpopulated coves and bays.

The track is mostly a narrow dirt track, some grassy sections, with lots of ups and downs, and many steps, but every step is worth the spectacular views, out to Rangitoto and Motutapu, and beyond into the Hauraki Gulf. You need to be on-lead for parts of this walk but getting to the bays, especially Owhanake, is worth every impatient pull of the collar. Owhanake is a shingle beach and grassy reserve where our doggy friends can go wild.

The walk is 5.5 kilometres and will take about two hours but allow longer if you love to swim and refuse to get out of the ocean!



Left to right: Bammie enjoying Palm Beach (photo taken by Gerbrand van Melle), Gracie walking from Matiatia to Owhanake Reserve walk and Fern enjoying a Waiheke walk.

Te Toki Dog Park

This fabulous reserve at 12 Wilma Road is where all the locals come to meet up with their pooch pals. The whole area is off-lead 24/7 and includes grassy fields and outer tracks which wind through shady native bush. Your dog will run through uniquely beautiful wetlands, impressive 600-year-old pohutukawa, as well as frolicking through the long grass while you get to walk on mown tracks.

The loop track is about 3.5 kilometres and would take 1 hour, but maybe longer if your dog likes to make new friends and play around.



EVACUATE | SHELTER | REUNITE

ANIMAL EVAC NZ – A VOICE FOR ANIMALS IN EMERGENCIES

Do you have an emergency plan in place for all your pets in case of a disaster?

In our disaster prone country, we receive a variety of information on how to prepare ourselves for an emergency or disaster but what is missing is how we prepare our animal family members for emergencies.

After the evacuation of over 1600 people from the 2017 Edgecumbe floods (Bay of Plenty), over 1000 pets and livestock were left behind. There were no plans in place to evacuate them.

It was clear the animals needed a voice and an advocate for their management in disasters and emergencies, so Kararehe Whakawatea Animal Evac NZ (AENZ) was established. It is New Zealand's only dedicated animal disaster management charity.



ANIMAL EVAC.NZ
KARAREHE WHAKAWATEA
Evacuate | Shelter | Reunite

Animal Evac aims to:

1. advocate for and promote the inclusion of animals in emergency management planning
2. educate animal owners about animal emergency preparedness and evacuation with animals
3. provide support to emergency services for the evacuation and sheltering of animals and to reunite animals and owners.

With a network of over 300 trained volunteers throughout New Zealand, AENZ promotes animal-inclusive emergency preparedness, works with councils to pre-plan co-location (people and animal) evacuation shelters, educates animal owners about animal emergency readiness, provides Pet Emergency Plans and responds with emergency services to evacuate animals in an emergency.

The volunteers hone their skills in a variety of animal and emergency disciplines such as urban search and rescue, swift water rescue, working around fire, and animal and human first aid. Members also bring their own skills as they include veterinary practitioners, farmers, paramedics and animal control officers. AENZ volunteers are trained, prepared and ready to respond to emergencies. Since the Edgecumbe floods in 2017, AENZ has responded to the Nelson fires (2019), Australian bushfires (2020), Canterbury floods (2021) and Buller floods (Westland) (2021).

When a disaster or emergency hits, AENZ is on the ground working with government and emergency services to ensure that animals are included as part of the disaster response. AENZ may evacuate your scaled, feathered or furry friends who were unable to evacuate with you, set up temporary shelters to

care for evacuated animals and, most importantly, help to reunite people with their pets.

AENZ's support for animals in emergencies is not reserved only for family pets. In May this year, AENZ deployed to Canterbury, supporting farmers whose livestock were at risk during the floods. Swift water trained members used a boat and rope system to provide feed to stock trapped across floodwaters. Early in 2020, AENZ sent a team to assist with the Australian bushfires. Here the team distributed carry cages, evacuated pets and rescued injured wild animals, ensuring they received the treatment they needed.

HOW CAN YOU HELP?

Be prepared

Set up an emergency evacuation kit for all your pets, today. This should include blankets, food, a carry crate (or carry bowl for fish), vaccination certificate, medication, litter trays, cleaning products – basically everything your pet will need if it is away from home.

Download the pet emergency guide from tinyurl.com/Pet-Plan.

Microchip your pets (if you can) and ensure their registration is up to date with the NZ Companion Animal Register at animalregister.co.nz.

Volunteer

Join the team of trained responders. AENZ is looking for people with a variety of skills and you don't have to be good at wrangling animals to join! They can also use people with administration, organisation, marketing, communications, cooking and people skills.

AENZ regularly runs foundation training courses across New Zealand. Completing this course will enable you to volunteer at AENZ events and continue to upskill in specialised training courses (animalevac.nz/join/).

Donate or follow AENZ

AENZ exists solely on fundraising activities. Treat yourself, your pets and support AENZ through animalevac.store.

Donate at givealittle.co.nz/org/animalevac.

AENZ acknowledges that not everyone is able to donate but encourages you to follow them on Facebook (Animal Evac New Zealand), Instagram (Animal Evac New Zealand) and Twitter (@animalevacnz). Share their posts and get the word out there about protecting animals in disasters.



Australian fires

Risky business: Research and experience show us that pet owners may delay or refuse to evacuate their homes without their pets. Other owners return at their own risk, to evacuate their pets later. This can make an animal emergency into a human emergency.



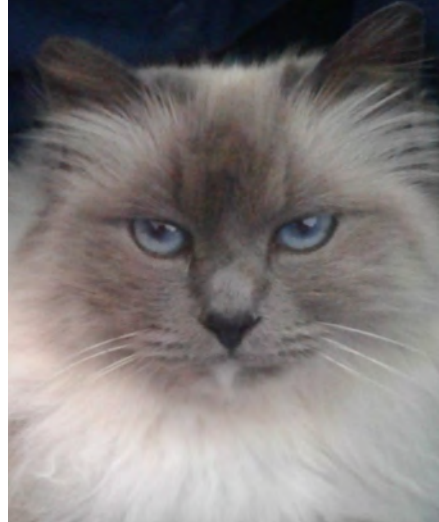
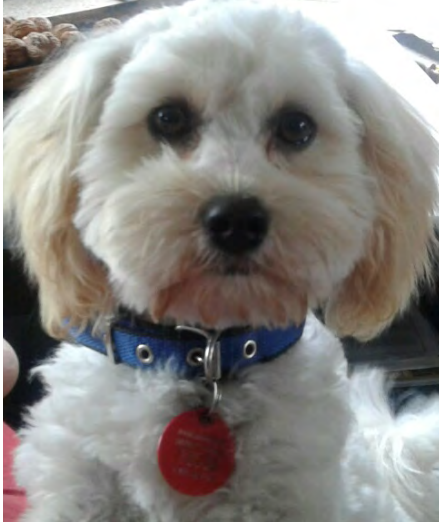
Nelson fires

Pets and people: Our pets provide great psychosocial support in times of stress and insecurity, and they need us as well. This is why co-location (people and animal) evacuation shelters are vital, empowering owners to be a part of their pet's care and sharing the mutual benefit of support through contact with each other.



Swift water training

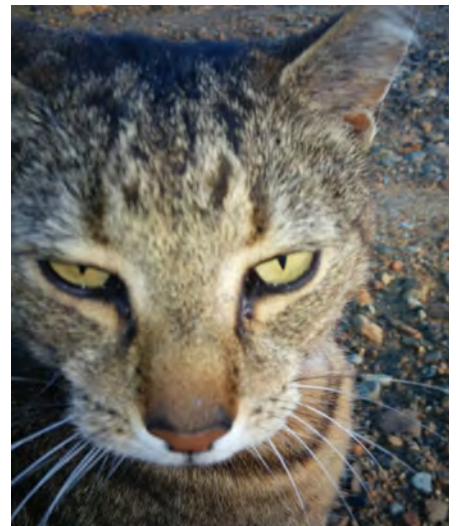
MEET OUR READERS



Buzby

This is Buzby. He is an 8-year-old tabby and absolutely adores being the centre of attention. He loves going for long bush walks and eating. He might be an old cat but he is still really active and has a kitten heart.

Ainhua Alkorta



Team Marley and Monty

Meet our shitzu/poodle Monty ... he's 7 months old loves to chase anything that moves. He brings a lot of joy to me and my partner.

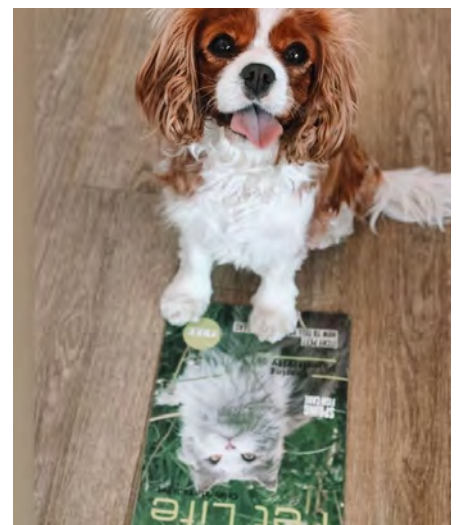
Marley ... she is No 1 in our house. She is an amazing hunter, companion and the love of our lives. Life wouldn't be the same without her.

Sonya Dowling



Instagram Evie

This is Evie enjoying your magazine over Labour Weekend!! We love reading your magazine. Follow Evie on Instagram @evie_goes_places.



The random gingers & Kaos

Meet the gingers Bowski, Gypsy and Toto who live with 14 year old tabby Kaos.

Jo Knowles



Super Winston

Winston has been my lifesaver, especially in this lockdown, as I (his mum) have PTSD, severe depression and heightened anxiety. This is my super cat who has saved my life and is helping me beat all these mental health issues during lockdown and in general. This little champ has definitely changed my life for the better.

Follow Winston on Instagram @britishblue_winston for some daily uplifts.

Nabihah Buksh



Meowdel Mika!

Check out more of Mika on Instagram @puffygingergirl.

Janus Lee

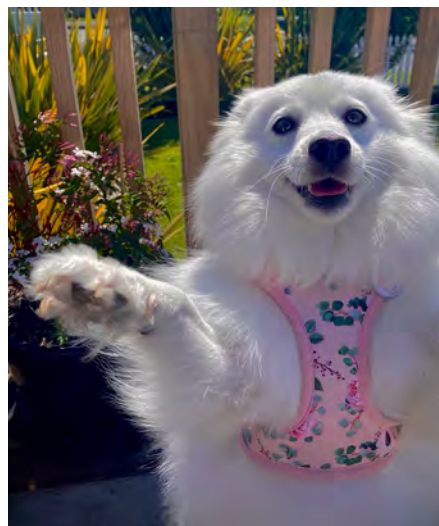
Meet Lexie Rose

Lexie is a 4-year-old Japanese spitz living in the beautiful and sunny Nelson. Lexie loves cuddling up in bed for a night time cuddle and prefers the car over walking, but don't tell her I said that.

She loves playing tug of war with her dad, and straight after a bath she's out on the grass rolling in the dirt. I couldn't imagine a better pup!

You can find more photos on her Instagram @Lexie_japanesesnitz.

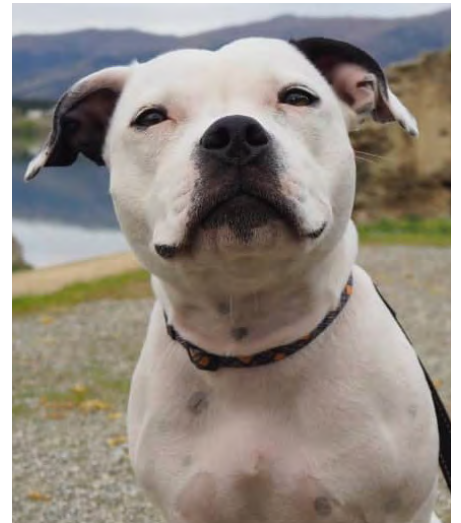
Amber-Leigh Vosper and Thomas Maddock



Zoe

Zoe is a precious Burmese

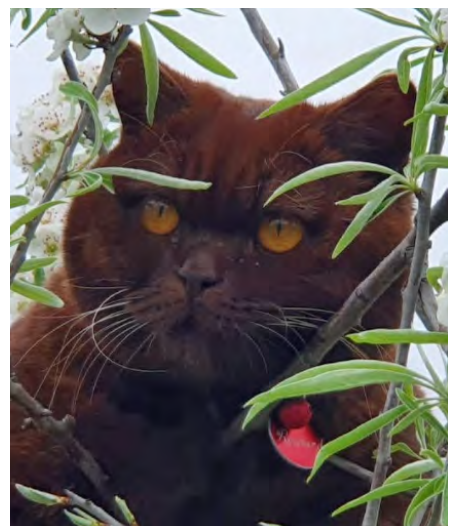
Isabelle Finley



Magnificent Maggie May

This is my wee staffy Maggie May. She just had a wee road trip to Central Otago.

Beccy Petas



The almost Christmas cat

Felix in his pear tree.

Cathy Hodgson

We love hearing from our readers. Email a photo of your pet to info@petlife.co.nz for inclusion in our next issue.

RITCHIE VON RICH



We found Ritchie von Rich's Instagram profile and instantly became a fan of this stunning 3-year-young school cat. We asked his carer, Gina James, an Auckland school administrator, a few questions to find out a little bit more about him.

When and how did Ritchie become a school cat?

Our school found two litters of kittens hiding in the grounds a few weeks apart. We contacted the SPCA and was given the name of a local lady who would trap them for us. The kittens were caught and taken to a vet with several adult cats. Some were deemed suitable for rehoming (our principal even took a kitten home!) but others were neutered, ear tipped, microchipped and returned to school. We were not expecting that! Ritchie and his brother, Oscar, were described by the vet as "spitfires", in other words too skittish to be rehomed. That proved to be completely wrong. We ended up with five cats and kittens returned to school.

What school does he own?

Ritchie owns a primary school in southeast Auckland.

Can you tell us about his extended family?

Ritchie lives at school with his brother, Oscar, sister Nala and his Aunty Betty and her only kitten Uno. They are a tight group who feed together and sleep in their cat den. They have an area set up with the help

of our caretaker that is completely weatherproof and they can come and go as they please knowing that their den is safe and private. Their den has scratching posts, feeding area and different sleeping choices, both high and low, with baskets, boxes, snuggle beds, etc, so they have plenty of choice.

What does Ritchie do at school?

Ritchie sleeps in the school office during the day in a basket that was gifted to him. He is on top of a filing cabinet and can see everyone coming into the office. He often chooses to go outside behind the school where we have a stream and bush and find a nice place to curl up.

Do the children like playing with Ritchie or is he more aloof?

He is the most friendly of our cats to the children. Although he keeps a wide berth from them most of the time he is getting more and more friendly. He does allow one on one time with students, with them patting him (his most favourite pastime). We are starting to

use Ritchie as a distracting tool for children who are upset or feeling a little sad ... a pat with Ritchie seems to solve lots of minor problems.

How was the lockdown for Ritchie?

Ritchie and his family seemed to thrive in the lockdowns we have had. I think it was because I came to school every day and would often spend an hour or two with them. Under COVID-19 alert level 4 I had special clearance under the Animal Welfare Act to enter the school grounds to feed them. One day a police officer stopped me and followed me into the grounds as he was interested to see the cats ... he was impressed! Lockdown allowed Ritchie to get used to spending more time in the office when we went to level 3, so now this is where he chooses to be most of the day.

Who looks after Ritchie on the weekends and during holidays?

I look after the cats and go daily to feed them on the weekends and holidays. My family or other staff will feed them if I am unable to.

Is there anything else you would like to share with us?

What started out as a feral cat problem has turned into having a lovely cat family at school. The cats are all the same as cats you would have at home, loving cuddles, knowing their names and all have such beautiful personalities. Ritchie especially loves the attention and limelight. When the students leave school in the afternoon the cats usually come out and wander around, popping their heads into classrooms. They are excellent at mice and rat catching and leave the caretaker "presents" to dispose of occasionally. Ritchie loves posing for the camera and often runs to the playground to pose for photos on the weekend. He waits at the gate each morning for me to arrive at school. Maybe I should write a book or two: *The adventures of Ritchie the School Cat*.

You can follow all Ritchie's adventures on Instagram @ritchieschoolcat.



NEW ZEALAND WELFARE AND RESCUE GROUPS

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Animal Evac NZ
info@animalevac.nz
animalevac.nz

Chained Dog Rehabilitation & Rehoming
info@chaineddog.org.nz
chaineddog.org.nz

NORTHLAND

Ruakaka Dog Rescue Tust
ruakakadogrescue@gmail.com
ruakakadogrescue.com

AUCKLAND

Crazy Cat Lady Cat Rescue South Auckland
cclcr@hotmail.com

Franklin Cat Rescue
franklincatrescue@gmail.com

9 Lives Orphanage
9livesorphanage@gmail.com
9livesorphanage.co.nz

Hope Rescue South Auckland
hope.rescue.south.auckland@gmail.com

Passion 4 Pawz
passionforpawz@gmail.com

North Shore Turtle, Reptiles & Amphibian Rescue
nsrescues@gmail.com

Auckland Fish, Turtle & Reptile Rescue

reptilerescuenz@gmail.com

Auckland Puppy Rescue
puppyrescue@outlook.com
aucklandpuppyrescue.com

Auckland Cavy Care
jrpetkeeper@gmail.com
aucklandcavycare.org

Chained Dog Awareness
info@cdanz.org
cdanz.org

Loved At Last "Lala"
021 179 8689

Pet Whisperer Rescue Trust
rescueadmin@petwhisperer.co.nz
rescue.petwhisperer.co.nz

BAY OF PLENTY

Whangamata CAT
whangamata.cat.adoption.team@gmail.com

Free as a Bird Battery Hen and Poultry Rescue
freeasabirdrescue@outlook.co.nz

ARRC Wildlife Trust
info@arrc.org.nz
arrc.org.nz

WAIKATO

Adoptable
jay@adoptable.org.nz
adoptable.org.nz

Paws 4 Life
rachael@paws4life.co.nz
paws4life.co.nz

New Lives Animal Rescue
newlivesrescue@xtra.co.nz
newlivesrescue.co.nz

Paws Awhile Animal Sanctuary
anna.dahlberg@hotmail.co.nz

DC Rescue
dc_rescue@yahoo.co.nz

HAWKE'S BAY

Hastings & Districts SPCA
committee@spcahastings.org.nz

Goat Welfare NZ
goatwelfarenz@hotmail.com

Hawkes Bay Bird & Wildlife Rescue Charity

hbresq@gmail.com

MANAWATU/ WHANGANUI

Poppelles Kitten Rescue
poppelles@clear.net.nz

Haven Bull Breed Rescue
havenrescue@yahoo.co.nz
havenrescue.org.nz

WELLINGTON/KAPITI

HUHA – Helping You Help Animals
enquire.huha@gmail.com
huha.org.nz

Kitten Inn
info@kitteninn.org.nz
kitteninn.org.nz

Wellington Amphibian and Reptile Rescue
wgtm.rescue@gmail.com

The Outpawed Rescue Trust
outpawed@gmail.com
outpawed.wordpress.com

Wairarapa Community Kitties
wairarapakitties@gmail.com

Cats Protection Wellington
catsprotectionleaguewgtm@hotmail.com
catsprotectionwellington.org.nz

Wellington Rabbit Rescue
info@wellingtonrabbitrescue.org
wellingtonrabbitrescue.org

Upper Hutt Animal Rescue
info@animalrescue.org.nz
animalrescue.org.nz

Loose Leash Cat Rescue
looseleash.catrescue@gmail.com

WEST COAST

Greymouth SPCA
greyspca@xtra.co.nz

CANTERBURY

Cat Rescue Christchurch Charitable Trust
catrescue.chch@gmail.com
catrescue.org.nz

Christchurch Bull Breed Rescue
chchbullbreedrescue@hotmail.co.nz
chchbullbreedrescue.org.nz

Turtle Rescue and Rehoming
turtleinfo@paradise.net.nz
turtlerescue.co.nz

Cat Care INC
info@catcare.org.nz
catcare.org.nz

Oxford Bird Rescue & Canterbury Raptor Rescue
obr@xtra.co.nz
oxfordbirdrescue.org.nz
canterburyraptorrescue.org.nz

Cats Protection League Canterbury
cplcats@xtra.co.nz
cats.org.nz

Dog Watch Sanctuary Trust
info@dogwatch.co.nz

The New Zealand Raptor Trust
admin@nzraptor.co.nz

Ōtautahi Rabbit Rehoming
rabbitrehomingotautahi@gmail.com

Axolotl Rescue
axolotlrescuechch@outlook.com

OTAGO

Cat Rescue Dunedin
catrescuedunedin@gmail.com
catrescuedunedin.org.nz

One By One Rescue NZ
onebyonenz@gmail.com

SOUTHLAND

Southern Cross Greyhound Adoptions
southerncrossgreyhoundsnz@gmail.com

Furever Home
info.fureverhomes@gmail.com
www.fureverhomes.org.nz

Pet Life is not associated with any group listed within. This list has been put together to assist our readers with finding suitable rescue and welfare groups within their region.

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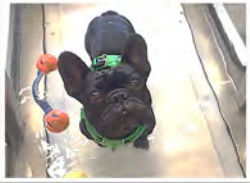
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WHAT'S FILLING UP YOUR PET'S FOOD?



It's always worth reading the list of ingredients on your pet's food to ensure you're supplying the nutrients they need. Many pet foods list animal protein as the first ingredient only. ORIJEN® pet food always includes animal protein in at least the FIRST FIVE ingredients.

Our WholePrey™ Six Fish diets provide a nourishing balance of fresh fish, organs and cartilage in ratios that deliver nutrients in highly bio-available forms, so there's no need for long lists of synthetic additives.



Provide optimum nutritional support with Biologically Appropriate ORIJEN Six Fish recipes for dogs and cats.

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Ingredient example from ORIJEN Six Fish. Animal protein sources depicted in fresh form before processing.

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