

Pet Life - Magazine Issue 17.
AUTUMN 2021
CELEBRATE YOUR PET

FREE

**RESPONSIBLE
BREEDERS**

HYPOALLERGENIC DOGS

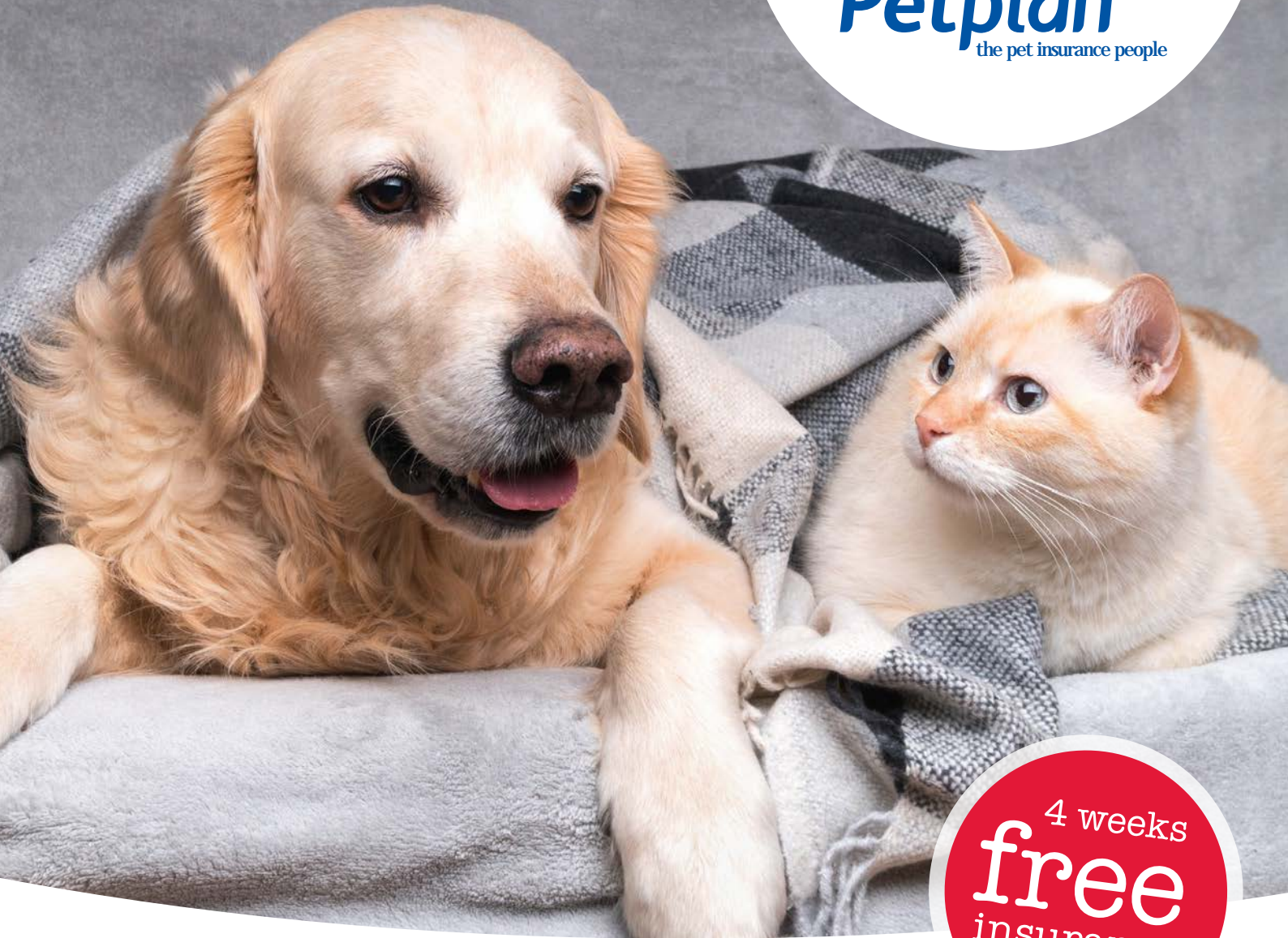
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CAT HAPPY**

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Every pet deserves



Letter from the Editor



We lost our cat, Fred, last year. He was only 2 and we had to make the heartbreaking decision to put him to sleep after he was hit by a car. Fred was our first cat to be hit by a car. He was taken way too young and we miss him dearly!

We welcomed Dusty into our home just before Christmas and, without discussion, we decided he would be an inside cat. The thought of losing another cat due to vehicle strike was too much for us! So far, we have been doing pretty well at keeping Dusty happy and active inside ... in saying that our house looks like a pet store with toys scattered everywhere. Dusty loves nothing more than sitting on his "pedestal" looking out the window. If you are considering having an inside-only cat then check out our article on keeping your indoor cat happy.

We have an interesting article on clicker training your cat. While I did clicker training with one of our dogs it never crossed my mind to try it with a cat – watch out

Dusty! If you have taught your cat tricks or commands using a clicker then let us know. We would love to feature you in our next issue.

If you suffer from allergies and this has put you off welcoming a dog into your family then have a read about the different hypoallergenic dogs available. Hypoallergenic dogs shed less, meaning you are less likely to suffer from the normal allergies other high shedding dogs can cause. In this issue we also explore aromatherapy for your dog, litter box training and how to determine if you have found a reputable breeder.

We understand that these COVID-19 times are hard on everyone but just remember your pet is there for you. Take care and keep an eye out for our next issue, in hard copy again, this June.

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MAKING FRIENDS

We have been introducing Dusty (cat) to Snowy (rabbit), hoping they will be friends. So far so good, but we would love to hear any tips or tricks you have used to help your pets become great mates.

Email your tips and a photo to info@petlife.co.nz for inclusion in our winter issue.



HYPOALLERGENIC DOGS

If you suffer from allergies but really want a dog then take a look at hypoallergenic breeds. Hypoallergenic dogs don't shed fur or they shed very little, and as a result the allergy-causing dander that sticks to their fur doesn't get released into the air or onto the floor as much as with a shedding dog.

When looking for a hypoallergenic dog, you will have to decide on a breed of dog and also how the dog will fit into your lifestyle. Many hypoallergenic dogs are small or medium breed dogs. The following breeds are popular with those who suffer from allergies: Irish water spaniel, soft coated wheaten terrier and bedlington terrier.

For those looking for a hypoallergenic dog that is larger than other breeds, the Irish water spaniel may be the dog for you. These dogs have very short human-like hair that will prevent shedding and allergens from entering the air. The coats of these dogs must be maintained through grooming every two months. The Irish water spaniel is a friendly dog that likes to exercise and swim during the warmer months of the year.

The soft coated wheaten terrier is available in four varieties, and the main difference is the size of the dog. This dog breed has a short coat that does not shed much during the day. The dogs will need to be groomed as often as other hypoallergenic breeds in order to prevent clumping or rashes on their skin.

The soft coated wheaten terrier is very friendly and will always welcome strangers. They enjoy getting exercise and want to be around people as much as possible.

These dogs should not be kept in an apartment. Having a backyard is a must as this dog loves to run and bark. If you are in need of a hypoallergenic dog that is a little larger than most, then this is a dog worth considering.

Bedlington terriers are smaller than the Irish water spaniel and soft coated wheaten terrier, but they have short coats which need to be brushed a few times a week to prevent tangling. They will also need to be groomed every three or four months in order to maintain a healthy coat. These dogs are energetic and enjoy exercise. For those who are allergic and who live in apartment buildings or small homes, this dog is perfect.

These breeds of hypoallergenic dog are not the only ones you can choose from. There are other varieties that may appeal to your lifestyle and allergy issues. Hypoallergenic dogs require more grooming than other breeds because they do not shed most of their hair – it just continues to grow. Not grooming regularly will cause matting, which will have to be cut from the coat in order to prevent skin rashes and other problems.

Other hypoallergenic breeds:

- bichon
- Chinese crested
- Maltese
- poodle (standard, miniature or toy)
- schnauzer (standard or miniature)



RAISE YOUR PAW

Help raise the next generation of NZ guide dogs

**Red
Puppy
Appeal**

26 - 27 March 2021

Put your best paw forward!

The search is on to find this year's pack of puppy loving volunteers to hit the streets and collect money for the Blind Low Vision NZ (formerly Blind Foundation) Red Puppy Appeal street collection.

On 26 and 27 March (a Friday and Saturday), the collection will raise funds to train and care for a new generation of much needed guide dogs. Every day, an average of six people turn to Blind Low Vision NZ for support with their sight loss. Guide dogs help people who are blind, deafblind or have low vision, retain their independence and move through life safely and confidently.

Blind Low Vision NZ Guide Dogs breeds and trains about 100 puppies each year, and it takes nearly two years and more than \$50,000 to raise and train just one guide dog.

Blind Low Vision NZ runs the country's only guide dog breeding and training facility that is 100 per cent funded through the generosity and support of Kiwis.

"As Blind Low Vision NZ Guide Dogs is not government funded we are extremely grateful to everyone who supports our Red Puppy Appeal," says Blind Low Vision NZ Chief Executive John Mulka, who also acknowledges all the volunteers who help train the guide dogs.

"Guide dogs play a life-changing role for people who are blind, deafblind or have low vision."

With a street collection goal of \$300,000 this year, Blind Low Vision NZ needs 2000 volunteer collectors to join the pack.

Wellingtonian Bill Wilson, who has been a long-time volunteer for the Red Puppy Appeal after seeing how the charity impacted his mother's life, has been a volunteer for a long time.

"My mother was blind and Blind Low Vision NZ gave her a lot of support and it's what motivates me to volunteer and help others in a similar position."

His time volunteering has seen him step up to be the Wellington area coordinator.

Alongside Bill, Tauranga local Luci Carter knows firsthand, how vital the collection is for the future of guide dogs. She's raised 15 guide dog puppies in her 21 years as a volunteer puppy raiser.

"I got involved with Red Puppy Appeal because of the dogs and also because I just wanted to be useful and it's such a good cause.

"Each dog plays such an important role in people's lives and that's reflected in the hard work that goes into making sure the dogs are up to it."

Luci will be collecting in Tauranga during the appeal and she is encouraging others to join her, "it's a great way to get out of the house to do something a bit different".

Guide dogs are highly valued for the positive and liberating change they bring to a person's life, and perform an essential role in the life of a blind, deafblind or low vision person. They are tasked with making what could potentially be life or death decisions on behalf of their person, and have to learn incredibly challenging and sophisticated skills.

Please take a couple of hours to help support the next generation of guide dogs. Register online today at redpuppy.org.nz or call 0800 787 743 (0800 PUPPIES).



Blind Low Vision NZ Guide Dog Puppy Vinnie

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REPUTABLE BREEDERS

If you are looking to purchase a specific breed of dog, cat, rabbit or horse, be sure to do your homework and purchase from a reputable breeder.

So what is a reputable breeder?

Reputable breeders specialise in their chosen breed. They know and understand the breed standard, temperament and characteristics. They perform genetic testing to ensure they breed from healthy animals which in turn limits hereditary illnesses.

Reputable breeders strive to breed only animals that epitomise these qualities. This benefits the buyer by giving them a type of quality control. You will know better what you are getting – fewer surprises, fewer disappointments.

What should you look for in a good breeder?

1. They make it a point to be aware of all known inherited defects affecting their breed. Reputable breeders screen their breeding animals to be sure they are free of such defects. This may not totally eliminate an inherited defect from showing up, but it will greatly decrease the chances of them occurring.

2. A breeder is a valuable source of information should any problems arise after your pet is in your home. They can give advice on almost all aspects of caring for and

training your pet. In the event that you find it impossible to keep your pet, reputable breeders will either take the animal back or help you find a new loving long-term home. Be sure to ask the breeder what their policy is – you may even find it is a clause in your pet contract!

3. They will provide you with written instructions on how to feed, care for and train your pet. You also have the comfort of knowing you have a concerned individual who is only an email, text or phonecall away.

4. Breeders make sure their animals are socialised or toilet trained and will always have them vaccinated and vet checked before you take your new pet home.

5. If you wish to show your pet, your pet's breeder will help you get started in whatever area you wish to pursue. A reputable breeder wants to better their breed by constantly striving to produce animals of high quality.

If you decide to purchase from a breeder then remember to ask questions and don't be afraid to walk away if you think the breeder isn't passing the 'test'.



BOSTON TERRIER

The Boston terrier has been nicknamed, and justly so, the American gentleman. And has earned its nickname due to its wonderful, gentle disposition. Not to mention its tuxedo-like coat.

It is hard to believe that the gentle Boston terrier that we see today was once bred as a pit-fighting dog. Today's Boston terriers in no way resemble the fighter it once was known to be.

This little gentleman of a dog has evolved a long way from the pits of Boston. In fact today's Boston terrier is well known for its friendly disposition, intelligence and lively personality. The breed has a wonderful disposition and possesses a good amount of intelligence, which makes him a very desirable all around family pet.

The Boston terrier's origin was England. Bull terriers and bulldogs were crossed to produce a very powerful compact muscular breed. In the late 1800s, some of this hybrid stock was sent to America. In 1889, some dog fanciers in Boston organised the first American bull terrier club.

Terrier breeder club members had great objections. So, too, did bulldog fanciers who objected these crosses were not terriers. In 1891, the name American Bull Terrier club was changed to Boston Terrier Club of America. And standards for the Boston terrier breed were written. They sought entrance to the American Kennel Club (AKC) stud book but were denied. By 1893, however, the breed was accepted and the first Boston terrier was admitted to the AKC. The first Boston terrier to be accepted as the standard of the breed was a dog by the title of Hector #28814, by Bixby's Tony ex Dimple.

It took some time for the breed to catch on in America. But it did. In 1915 the breed had become the most popular in the country; it was number one in registrations of the top 20 breeds. They again led in registrations in 1920, and in 1930. The Boston terrier



remained in the top 10 position until 1960. Since then they have slipped in popularity.

Boston terriers are extremely easy dogs to live with, wanting only to please. Bostons are easy to train and are best as house dogs, because they are not able to cope with extreme cold, nor can they deal with extreme heat. Bostons can overheat very quickly due to their short muzzle and slightly elongated palate.

Boston terriers are high energy dogs, and need daily exercise. They are playful and love all sorts of toys. Fetching and playing with children are favorites with this dog. Care of the Boston terrier is easy. Their short hair sheds minimally. Weekly brushing with a rubber palm brush is recommended for their particular coat.

Due to the breed's elongated palate they may snore. It is normal that a Boston terrier may show some degree of airway obstruction. Proper diet should always be considered a must, from a puppy. An improper diet, as a rule, will lead to gas and intestinal problems. While a puppy, the diet must be healthy in order for the dog to form good bone structure and good muscle mass; not to mention this is the time a dog will build a good immune system to later ward off disease and infections.

Regarding health problems, the Boston terrier has a predominance toward juvenile cataracts and hypothyroidism. As a rule, juvenile cataracts can occur between eight weeks and 12 months. If hypothyroid disease occurs, it can be controlled by medication.

The Boston terrier is a friendly and lively dog. The breed has an excellent disposition and a high degree of intelligence, which makes him an incomparable companion. Not to mention they are very easy to train and make an awesome family member.





DOGS ON HOLIDAY = PENGUIN NIGHTMARE

The Department of Conservation (DOC) is asking pet owners to ensure their animals are under control and kept out of prohibited areas following the recent death of a rare tawaki (Fiordland crested penguin) thought to have been killed by a dog at a Haast wildlife refuge.

A dog was seen running loose in the Okahu/Jackson Bay Wildlife Refuge and, a short time later, clumps of tawaki feathers were found in the coastal forest beside the Wharekai Te Kou walking track. A tawaki at another Haast beach had also been handed in by a member of the public who found it injured, with evidence of being attacked by a dog. The penguin sadly had to be put down. A wildlife refuge is strictly off limits to all but approved conservation dogs. Wildlife refuges contain either breeding colonies of animals or particularly rare animals.

Biodiversity ranger Inge Bolt says people are ignoring signage at the Wharekai Te Kou track where dogs are strictly prohibited.

Penguins and other ground dwelling native birds don't naturally co-exist with dogs, and they can't escape easily – it takes just a second for a dog to cause a fatal injury to a penguin.

“Responsible dog owners need to read the signs and know where their dog is allowed, particularly in sensitive wildlife areas. In some areas dogs are allowed, but only on a lead.

“People are also ignoring council signage in the settlement of Jackson Bay requiring dogs to be on a lead. Both of these restrictions are in place to protect the penguins and seabirds that live in this area.”

West Coast Penguin Trust manager Inger Perkins agrees.

“The trust has worked hard to ensure consistent messages are presented across the West Coast at beach access points. It is a simple message – keep dogs on leads in coastal vegetation and after dark at the beach. At other times, keep the dog under very close control. Never take them into areas where they are prohibited. We have been working for several years to understand and better manage threats to tawaki. Dogs should not be one of the threats. These penguin deaths were entirely avoidable.”

Haast receives a lot of visitors from the South Island and further afield. Many stay in Air BnBs, campgrounds, motels or baches for holidays and weekends. Some people bring their dogs, but a few people are ignoring the rules and their dogs can have a devastating impact.

Maps detailing areas of dog access and prohibition are available from DOC, either on the website or at visitor centres. If people are unsure, they should seek advice. Dog permits can be obtained from DOC for some areas, depending on the wildlife of that area.

**Injured wildlife should
be reported to a DOC
office or 0800 DOC HOT**

KEEPING YOUR INDOOR CAT HAPPY



Did you know that the average lifespan for an outdoor cat (on average) is only 3 to 5 years while indoor cats average 13-17?

There are more than 1.2 million cats in New Zealand and, of these, just 135,000 are inside cats (11 per cent)*. While this is an increase on 2015 when 8 per cent of cats were inside only, it is a relatively low percentage compared to other countries like the United States and Australia.

This also begs the question: if having an indoor cat increases their lifespan by eight years, why aren't there more inside cats?

Well, having your cat live indoors does have shortcomings. If this is something you are thinking about, then you will need to make sure your indoor cat doesn't become frustrated, lethargic or depressed. To prevent these issues, make sure your cat has places in the home where they can hide, chase, climb, jump and pounce.

Try some of these suggestions to keep your cat happy and entertained indoors.

- Spend time playing with your cat throughout the day. Try breaking playtime up into smaller segments. This will help work off any excess energy they may have.
- Rotate toys so your cat always has something new and novel to play with.

- Open a window that has a secure screen to allow your cat some fresh air. If you hang a bird feeder within sight of this window, you will find your cat staying entertained for hours on end as he watches birds come and go.
- Cats like to eat green things, so plant some pots of indoor greens for your cat to munch on, such as cat grass from seeds (oat, rye, wheat, barley) or catnip.
- Give your cat a scratching post with high perches and place it near doorways or windows.
- Cats are auditory hunters so get creative and get toys that make buzzing/chirping noises.
- Make use of food puzzles. In the wild, cats normally have to work for their food through hunting. Food puzzles can be a nice substitute for hunting behaviour and provide cognitive stimulation.
- Provide multiple litter boxes around the house for your cat.
- Teach your cat tricks using positive reinforcement clicker training.

RISKS OF LETTING YOUR CAT OUTDOORS INCLUDE:

- cat fights
- traffic
- exposure to diseases and parasites
- extreme weather issues
- poisoning
- pet theft
- animal cruelty.

*Companion Animals in New Zealand 2020 Report

enrich your cat's life

MAKE SURE YOU PROVIDE AN INDOOR ENVIRONMENT THAT PROMOTES YOUR CAT'S NATURAL BEHAVIOUR LIKE JUMPING, HIDING, CLIMBING AND PLAYING



play

PROVIDE A VARIETY OF TOYS THAT YOU CAN SWAP OUT



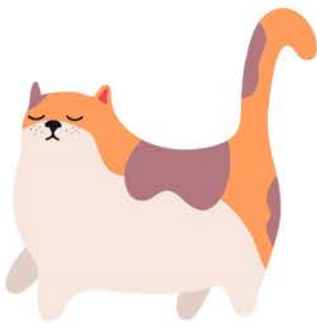
cuddles

SPEND TIME TO GIVE CUDDLES & PLAY



greens

PLANT SOME GRASS FOR GRAZING



perch

PLACE A PERCH BY A WINDOW SO THEY CAN LOOK OUTSIDE



kitty trays

HAVE MULTIPLE TRAYS IN DIFFERENT AREAS



treats

HIDE TREATS FOR YOUR CAT TO "HUNT" AND FIND

LITTER BOX TROUBLES

There is probably nothing more frustrating than litter box accidents. In fact, habitual litter box accidents are the number one reason why cat owners rehome their cats. When your cat refuses to use the litter box, there is usually an underlying reason. Before you become exasperated by your cat's inability to make it to the litter box, here are some common causes for this problem.

LITTER BOX WOES

One of the main reasons why a cat begins to refuse to use the litter box is because it is dirty. Many cats are extremely fussy about the condition of their litter box, while others will use it no matter how full it looks. If your cat has a litter box accident, the first place you should check is the litter box. Some pets prefer their litter box cleaned out after each use. While this is time consuming for you, it may be a simple fix to this problem. You should start a daily routine of cleaning out your cat box and you may find that this solves your problem.

If you have multiple cats needing to use a litter tray then be sure to have more than one. For example, if you have four cats in your home, then you should have at least one litter box per cat. Cats like to have their own space, and this is especially true when it comes to their litter box. In fact, some veterinarians recommend that even if you have only one cat, you should have at least two litter boxes.

Another thing to take into consideration is the type of litter you are using and the size and shape of the litter box. If you have a tray litter box without a lid, maybe your cat would feel more secure in a closed box. If you have an older cat, or a young kitten, your feline may be having a difficult time getting in and out of a closed top box. Watch your cat carefully when they use the litter box. If you find

they are having a difficult time getting in and out of the litter box then consider getting a different box. Also, your cat may be extremely fussy about the smell or texture of the litter.

HEALTH ISSUES

Your cat may be refusing to use the litter box because of health related issues. If you have tried all the above tips and nothing seems to be working then it is time to visit your veterinarian. Cats that have bladder problems, urinary tract infections, kidney failure or diabetes are more prone to litter box accidents than healthy cats. You need to take your cat to the vet and have a thorough health exam performed to find out if your cat has a medical issue. If this is the case, your veterinarian can prescribe medication to help your cat.

HABIT AND YOUR CAT'S TERRITORY

If your cat has been ill or stopped using the litter box for any reason, you may find they refuse to use the litter box again. If your cat has an accident it is important to clean the area thoroughly to get rid of any odours that may remain. In addition, it may be your cat has not stopped using the litter box but is marking his territory. This is especially common in multi-cat households or when you bring a new pet home. This is also more common in males than females. Even male cats that are neutered can mark their territory by spraying urine.



CAT CLICKER TRAINING

We have all heard about clicker training dogs, but have you ever thought about clicker training your cat?

Using a clicker to support the training of your cat can be extremely beneficial because cats also associate the clicker with good behaviour. Clicker training is associated with classical condition (they associate the sound with food) and operant conditioning (cat performs to receive food).

Why use a clicker instead of speaking or using a sound to get your cat to do a trick? A clicker has a sound a cat can hear and associates with good behaviour. With words, our tones in our voice can change from time to time, which can confuse a cat. With speaking commands, a cat can mistake the commands. A clicker is more of a training tool to get the behaviour started in your cat. Then you can put the clicker away once your cat has learned what you want from them.

With the clicker, a cat can be trained using three easy steps:

- choose trick or behaviour
- mark the trick or behaviour
- reinforce the behaviour.

Let's look at training your cat to jump a hoop.

The cat will first need to learn that a click means a treat. Start with very small treats in your pocket. Click, treat, click, treat. Do this until you see the cat coming for the treat on the click.

Next "mark" the trick. This means showing your cat the hoop. Once the cat touches the hoop, click, treat. Then show the cat to go through the hoop. Once he does: click, treat. Continue to do this until the cat goes through the hoop on his own or on your command.

To reinforce the behaviour, when your cat goes through the hoop then click and treat. It is important to remember to have snacks handy so when you do see your cat go through the hoop a snack is available.

Training a cat with a clicker can be fun for both you and your cat. Remember not to rush a cat in training as they can become confused, especially if they didn't get the step beforehand. The training will take time and persistence to achieve the final trick or behaviour. Patience, love and rewards will be the key factor in training your cat.

If you have an inside cat, clicker training is good not only for exercise but also for mental stimulation. Try clicker training for as little as 10 to 15 minutes a day and you will be surprised just how quick your cat will learn what is being asked of him.



COVID-19: The prepared pet checklist

If you find yourself having to be hospitalised during COVID-19, here's a guide to ensure your pets will be well cared for while you are away.

- Ensure you have adequate supplies of food and medication** – at least enough for the intended length of your stay in hospital.



- Check that your pet is up to date with their vaccinations**, in case they need to go to a boarding facility or to someone else's home. Veterinary clinics won't routinely be doing booster vaccinations under *Alert Level 4*, but if you anticipate needing to leave home during this time, talk to your veterinarian about your situation.



- Have appropriate carriers or collars/leads/harnesses available**, in case your pet needs to be transported or walked.



- Make sure you leave clear instructions for all medications**, including dosages, how to administer them, and how often they need to be given.



- Make sure that you have a contact list** for whoever is looking after your pet. This should include:



- Your pet's usual veterinarian**
- Your pet insurance company**, and policy number (if relevant)
- Your pet's microchip number**, and contact details for the *NZ Companion Animal Register*, in case they go missing.
- Contact details for somebody you trust** to make decisions about your pet's welfare (e.g. if your pet gets ill or injured), if you are not able to do so. Make sure you have talked this through with that person first! Ideally make a written plan.

- Options available for pet care** if you are hospitalised include:



- Leaving your animals at your home with others** from your social bubble (best option if possible)

- Having family or friends take care of your animals** at their own home - i.e. your animal joins their bubble.

- Boarding kennels/catteries or pet sitters** – however, access to these may be limited during *Alert Level 4*. Keep informed on the availability of these services in your area.

- As a precaution**, pets coming from a home where they may have been in contact with infectious people should be washed thoroughly, using warm animal-friendly soap and water before entering a home that has not had COVID-19.



- An alternative to washing** (especially for cats!) is to limit contact, wear gloves when interacting with them, and practice good hygiene (handwashing, no kissing/cuddling) for the first three days to reduce the potential for them to transmit viral particles that could be on their fur or skin.



For up-to-date NZVA information and resources
www.nzva.org.nz

PET GROOMING TO PREVENT HAIRBALLS

Cat owners know that where there are cats there are also hairballs.

A cat's oral grooming habits involve swallowing large quantities of hair. Most of the swallowed hair passes harmlessly through the cat's digestive system but problems occur when it doesn't but remains there. As time passes, the undigested hair collects and sticks together until a hairball forms in the cat's stomach. The larger the hair ball becomes, the greater a risk it poses to the cat's health and wellbeing.

A vast majority of cats are able to rid themselves of a hairball by hacking it up. The sound they make when trying to bring up a hairball is similar to a person suffering from dry heaves, although the noise is slightly higher pitched. Most cat owners report that the best time to extract a troublesome hairball is in the middle of the night, so the sound can keep the entire family up. Cat owners also find that hairballs are usually deposited in places where humans frequently walk barefoot, like on the bathroom floor, directly next to the shower.

But it's better out than in. If an enormous hairball makes its way into a cat's intestine it can create a blockage which needs a hasty trip to the vet for an emergency surgery.

Signs that your cat may be suffering from a hairball include:

- they're ignoring their personal grooming regime and allowing their coat to become dirty and matted
- constant coughing and hacking
- loss of appetite
- constipation
- depression.

Pet grooming is a wonderful way for cat owners to prevent the unpleasantness of hairballs. Brushing your cat once a day will remove dead hairs from your cat's coat. Any brush can be used to groom your pet cat, but it's best to choose one that suits their coat.

If you have a long haired cat – or even a short haired cat prone to hairballs – you may want to consider clipping to remove excess hair. You can also buy cat food specially designed to prevent hairballs from forming in the cat's digestive system.

If your cat continues to have hairball issues, consult your veterinarian for additional methods of hairball control.



AROMATHERAPY FOR YOUR DOG

Emotions like happiness, sadness, anger, fear and love play a crucial role in a human being's life. These feelings are also an integral part of an animal's world. Aromatherapy provides immediate, profound and long lasting results on an animal's overall health and wellbeing.

Being left alone for a long period of time, lack of attention and unhealthy food are some of the common causes of stress in animals. These can lead to health problems like fatigue, excessive itching, shedding, panting and even aggression. Aromatherapy can be used to treat hot spots, itchy skin, ear infections, rashes, bites, cuts, scrapes, incisions from surgeries, stinky breath, flatulence and the list goes on ...

If your dog is suffering from yeast or ear infections then consider using one of the oils below. Place a couple of drops of the oil in a spray bottle with a base oil and swab the inside of the ear after cleansing.

Lavender – soothes the skin and relieves itching.

Tea tree – powerful antibacterial and antifungal.

Bergamot – antifungal properties.

Roman chamomile – soothing and gentle, aids in healing tissue.

To repel fleas, use peppermint, citronella, lemon and clary sage essential oils. Ticks are repelled by essential oils such as geranium, bay, lavender and myrrh. About 15-20 drops of these oils diluted with base oil and sprayed on your dog daily, will keep the ticks and fleas away.

To relieve emotional stress, mix six drops of lavender, one drop of neroli and four drops of marjoram essential oils with carrier oil such as jojoba or sweet almond oil. Apply lightly on the spine and head. Repeat when necessary.

For anxiety and loneliness, simply blend one drop of rose otto, five drops of cypress and marjoram essential oils

with a carrier oil. Apply lightly on the spine and head, repeating whenever necessary.

Reduce nervousness and hyperactivity by combining six drops of lavender, two drops of roman chamomile and four drops of petitgrain essential oils mixed with carrier oil. Apply lightly on spine and head.

If you decide to use essential oils to help keep your dog happy and stress free then be sure to speak to your vet or vet nurse before you begin. While essential oils can be beneficial for dogs, you need to be cautious of overusing the oils. Introduce your dog to essential oils slowly and in small amounts. Also make sure that you only use high quality oils that have been shown to be OK for use on animals.

Essential oils that are harmful to dogs include but are not limited to:

- anise
- cinnamon
- citrus
- clove
- garlic
- juniper
- pennyroyal
- peppermint
- pine
- rue
- sweet birch
- tea tree
- thyme
- wintergreen
- wormwood
- yarrow
- ylang ylang



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Email: franklincatrescue@gmail.com

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Email: 9livesorphanage@gmail.com
Website: www.9livesorphanage.co.nz

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Email: hope.rescue.south.auckland@gmail.com

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Email: passionforpawz@gmail.com

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Email: nsrescues@gmail.com

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Email: reptilerescuenz@gmail.com

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Fostering: puppyfoster@outlook.com
Adopting: puppyadopt@outlook.com

Website: www.aucklandpuppyrescue.com

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Email: freeasabirdrescue@outlook.co.nz

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Website: www.newlivesrescue.co.nz

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Email: anna.dahlberg@hotmail.co.nz

DC RESCUE

Phone: 021 041 4108
Email: dc_rescue@yahoo.co.nz

HAWKE'S BAY

HASTINGS & DISTRICTS SPCA

Phone: 06 878 8733 (shelter)
Email: committee@spcahastings.org.nz

GOAT WELFARE NZ

Phone: 0211 602 329
Email: goatwelfarenz@hotmail.com

HAWKES BAY BIRD & WILDLIFE RESCUE CHARITY

Email: hbresq@gmail.com
Website: www.nimalevac.nz

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Website: www.outpawed.wordpress.com

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Email: wairarapakitties@gmail.com

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Website: www.wellingtonrabbitrescue.org

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Website: www.catcare.org.nz

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Email: southerncrossgreyhoundsnz@gmail.com

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Website: www.fureverhomes.org.nz

If you would like to see your rescue/welfare group listed here, email info@petlife.co.nz.

Pet Life is not associated with any group listed within. This list has been put together to assist our readers with finding suitable rescue and welfare groups within their area.

The New Zealand Herpetological Society Incorporated

Thinking of getting a pet that's cold blooded? Not sure where to go for information? Then check out The New Zealand Herpetological Society Incorporated (NZHS).

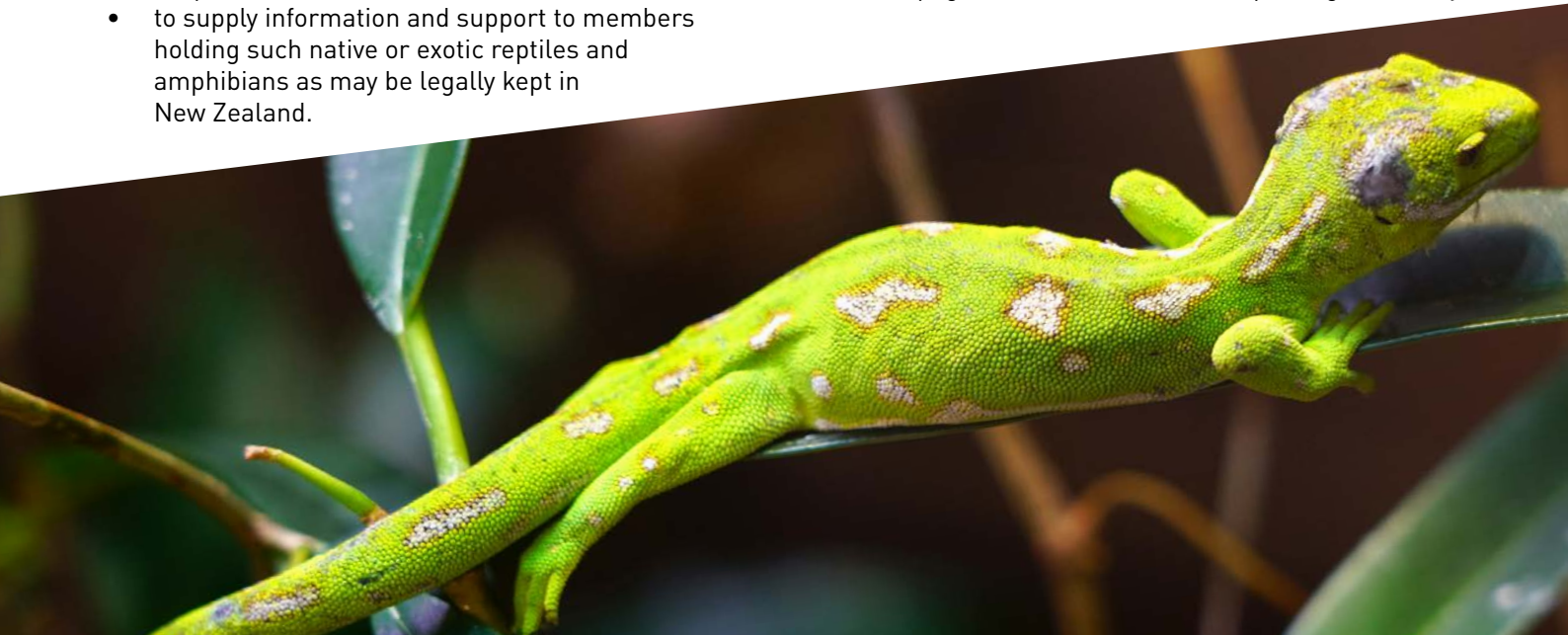
NZHS was created in 1969 by members of the public with a shared interest in New Zealand and exotic herpetofauna. The objectives of the society are:

- to promote awareness and interest in amphibians and reptiles and their conservation
- to encourage the conservation and study of New Zealand's own species
- to encourage and support the responsible captive management and breeding of New Zealand herpetofauna
- to supply information and support to members holding such native or exotic reptiles and amphibians as may be legally kept in New Zealand.

The society endeavors to cater for all levels of interest in herpetology, from the school pupil who finds that lizards and frogs make interesting pets to the person engaged in serious scientific study or captive breeding programmes.

The majority of members keep and breed native geckos and skinks in captivity, or are engaged in the field study of these animals. Other members have an interest in keeping exotic species such as tortoises, terrapins, frogs and axolotls.

Head to reptiles.org.nz to learn more or like their Facebook page at facebook.com/nz.herpetologicalsociety.



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